



American Association of University Women



Alhambra - San Gabriel Branch

aauw.org

alhsangab-ca.aauw.net

aauw-ca.org

AAUW advances equity for women and girls through advocacy, education, and research.

October, 2018



Mental Health for Women

a talk with

Caroline Kelly

Monday Evening

October 15th

Mingling starts 6:30 PM

Meeting & Program starts 7:00 PM

First United Methodist Church

San Gabriel

201 N San Gabriel Blvd, San Gabriel

At our October 15th meeting Caroline Kelly will inform our branch of the most current mental health programs and innovations to assist children, adults and older adults and highlight the perspectives of girls and women. Caroline will pinpoint existing services and resources in the San Gabriel Valley.

Caroline Kelly is a consultant to the director of the Los Angeles County Department of Mental Health. She is a former chair of the Los Angeles County Mental Health Commission. Her philanthropic work has included advocating for public education, foster kids, improved mental health care and alternatives to incarceration.

The Los Angeles County Department of Mental Health is the largest county-operated mental health department

in the United States (its budget is about \$2.4 billion). The department operates programs in more than 85 sites, and provides services through contract programs and department staff at approximately 300 sites co-located with other county departments, schools, courts and various organizations. Each year, the department contracts with close to 1,000 organizations and individual practitioners to provide a variety of mental health-related services. On average, more than 250,000 county residents of all ages are served every year.

Engage with Caroline Kelly as she informs and enlightens us. AAUW members and friends, let's welcome Caroline Kelly to our October 15th Public Policy meeting!

Elena

In principle and practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin or disability.



A record-setting 69 people filled the Asbury Lounge of Alhambra's First Methodist Church for the September Tech Trek luncheon.

We heard wonderful testimonials about the Tech Trek Camp at Whittier College from our 2018 campers. The testimonials confirmed that all our fundraising efforts are well worth all the work. The Tech Trek Committee would like to thank our branch members, their families and friends for always supporting this great AAUW community project.

Kudos to the committee members and AAUW members who helped with the luncheon: Rozanne Child (set-up and moderator of the program), Lyda Chee (drinks), Joe DesBarres (reservations), Lovey Sherman (lunch boxes), Lilia Hall (contact for North campers), Dolores Seidman (contact for South campers), Jim Doty (AV equipment and sound system) and friend Sue Smith, who helped set-up the tables.

Special thanks go to Eco Cywinski, who donated a basket-full of Tech Trek cookies she created. A guest of Mary Schmeritznig, Eco Cywinskis Design Studio is in San Gabriel (you can find her on Etsy: <https://www.etsy.com/shop/EcoCywinskiDesign>).

Lilia

Ralphs Community Rewards Program

The Tech Trek North would like to remind members to re-enroll or sign-up for our Ralphs Community Rewards Program. We receive checks for Tech Trek quarterly and this quarter we earned \$243.62 from 14 households. From this fundraiser we are almost able to send one camper to Whittier. We would like more members, their families and friends to participate. The September newsletter contained instructions for enrolling or re-enrolling. Call Sue Carr (626-808-5428) or Lilia Hall (626-570-8067) if you have questions.

Our Branch website is
alhsangab-ca.aauw.net
and join us on Meetup.com
Am. Assoc. Univ. Women -- Alhambra, San Gabriel, Monterey Pk

President's Message

What a good start! The September meeting was well attended and the Tech Trek Campers demonstrated yet again why we belong to AAUW where we have been empowering women since 1881.



Kathleen Doty

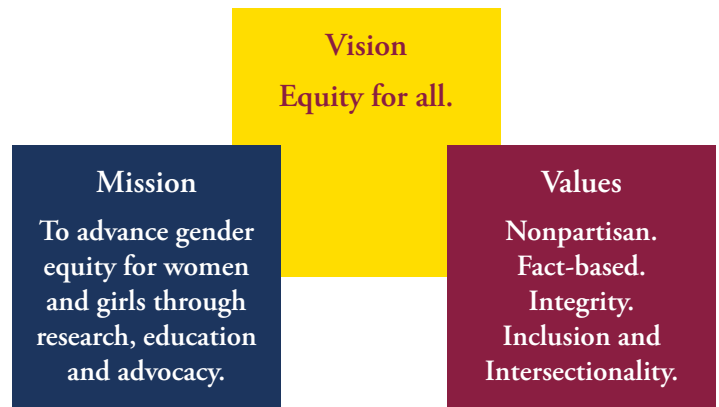
October promises to be just as inspiring. Not only do we have a great meeting planned, there are many opportunities to join one of the interest groups. Details can be found on the last page of this newsletter – we would love to see you at drama (informal play reading) or evening books for lively, far-ranging discussion. None of the established groups to your liking? Let us know what you are interested in, we'll get the word out and perhaps a new group can be formed!

As the 2018 mid-term election season gets into full swing, I would like to leave you with the following two quotes that bear some consideration:

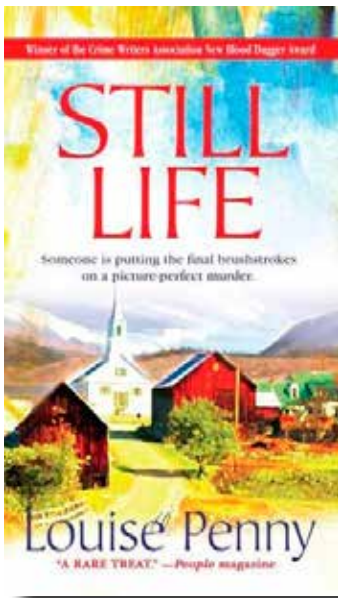
“Brains, integrity, and force may be all vey well, but what you need today is Charm. Go ahead and work on your old economic programs if you want to, I'll develop my radio personality.” Gracie Allen, *How to Become President* (1940)

“I must say acting was good training for the political life which lay ahead for us.” Nancy Reagan, *Nancy* (1980)

Kathleen



Evening Books October 22



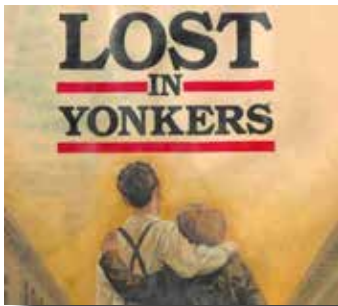
With this award-winning first novel, Louise Penny introduces an engaging hero in Inspector Gamache, who commands his forces with power, ingenuity, and charm.

Chief Inspector Armand Gamache of the Sûreté du Québec and his team of investigators are called in to the scene of a suspicious death in a rural village south of Montréal and yet a world away. The locals are certain it's a tragic hunting

accident and nothing more, but Gamache smells something foul this holiday season...and is soon certain that Jane died at the hands of someone much more sinister than a careless bowhunter.

All books on the Evening Book Group's reading list are available at Vroman's Books in Pasadena for a reduced price. Go to the "Will Call" window on the second floor and tell them the name of the book and also that you are a member of "Alhambra San Gabriel AAUW."

Drama Group October 10



By Neil Simon, America's great comic playwright, this memory play is set in Yonkers in 1942. Bella is thirty-five years old, mentally challenged, and living at home with her mother, stern Grandma Kurnitz. As the play opens, ne'er-do-well

son Eddie deposits his two young sons on the old lady's doorstep. He is financially strapped and taking to the road as a salesman. The boys are left to contend with Grandma, with Bella and her secret romance, and with Louie, her brother, a small-time hoodlum in a strange new world called Yonkers.

Lost in Yonkers won a Pulitzer Prize for drama and a Tony Award, Best Play

"Laughter and tears have come together in a new emotional truth. There are moments in this play when you experience a new kind of laughter for Simon, a silent laughter that doesn't explode into a yuk but implodes straight into your heart." - *Newsweek*

Public Policy

Three bills dealing with the California Fair Employment and Housing Act (FEHA) passed both California houses and are on Governor Brown's desk! Big thanks to everyone who called and tweeted at lawmakers.

• **AB 1870- Employment discrimination: limitation of actions.** Discrimination against or harassment of employees is unlawful. Claims of discrimination or harassment must be filed within one year. AB 1870 would extend the period to 3 years for complaints alleging employment discrimination.

• **AB 3080- Employment discrimination: enforcement.** This bill would prohibit any employer from interfering with an employee's, employment applicant's, or independent contractor's ability to exercise any right, forum, or procedure for a violation of the FEHA or other specific statutes governing employment.

• **SB 1300 - Unlawful employment practices: discrimination and harassment.** The bill would prohibit an employer from preventing an employee to disclose information about unlawful acts in the workplace. The bill also would extend employers' responsibility to take immediate and appropriate corrective action with respect to any type of harassment prohibited under FEHA (not just sexual harassment). This bill also would authorize an employer to provide bystander intervention training to their employees. This bill also would prevent a prevailing defendant from being awarded fees and costs unless the court finds the action was frivolous, unreasonable, or groundless when brought or that the plaintiff continued to litigate after it clearly became so.

Ivanna

Membership

We have a change of address for Kacy Do. Please update your branch directory.

Deanna

DO, Kacy
2425 Mission Street, Suite 3
San Marino, California 91108
BA UCSB
AAUW member since 2015

(213) 538-1365

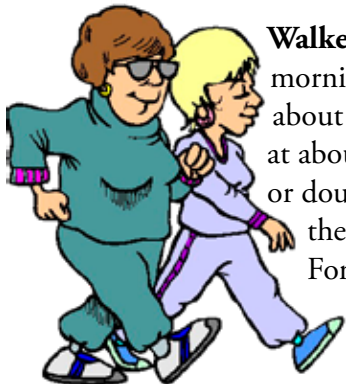
kacy@hsiehlaw.com

ACTIVITIES

Where the Fun will be in October

New faces, and used ones, are always welcomed.

Join Us!

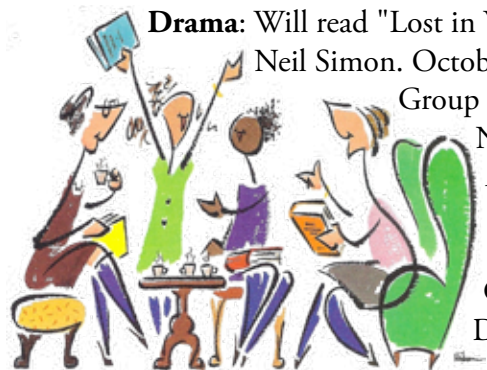


Walkettes meets every Sunday morning at 7:30 a.m. We walk for about one hour and have breakfast at about 8:30 a.m. In case of rainy or doubtful weather we meet at the restaurant at 8:00 a.m. For further information or directions, please call Mary Smeritschnig.

Professional Women Gourmets will be celebrating Baby Huang's birthday October 7th at 1:00 p.m., contact Lyda Chee for details.



Board Meeting Monday October 8 in Kathleen Doty's home. Open to all members. The meeting convenes at 7:30 p.m., but members may arrive at 7:00 p.m. to socialize.



Drama: Will read "Lost in Yonkers" by Neil Simon. October 10, 7:30 p.m. Group reading of a play. No rehearsals. Acting talent not required --just love of drama. Contact Kathleen Doty.

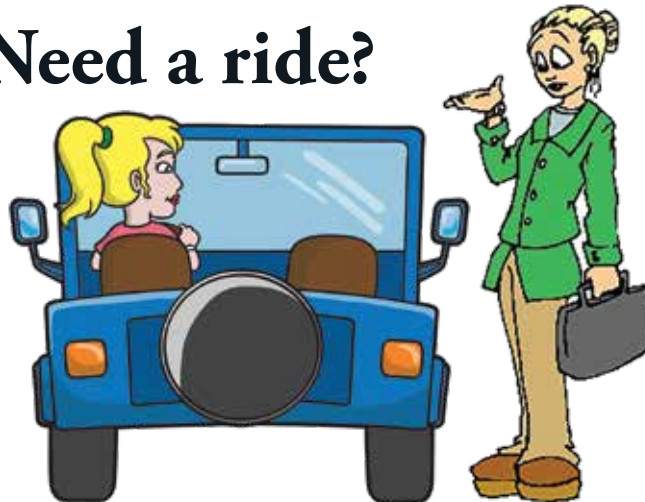
Mental Health & Women. Monday, October 15th, 6:30 p.m. at the First United Methodist Church, San Gabriel 201 N San Gabriel Blvd (see Page 1).

Restaurant Gourmets will dine on Saturday, October 20th 5:00 p.m. at Dal Rae Restaurant, 9023 Washington Blvd. in Pico Rivera. Contact Deanna Arthur with questions and suggestions.



Evening Books will discuss *Still Life* by Louise Penny at 7:00 p.m. Monday, October 22nd at Janice Lee's home, 633 E. Californi Blvd. #101, Pasadena.

Need a ride?



Want to make new friends?

Want to take a leap into Technology?

Many members would be happy to pick up or drop off other members. Please call or email Deanna Arthur, Jane Anderson or Sandy Jelinek if you want to ride or are able to offer a ride so we can set up a buddy list. For those offering rides, let us know how far you are willing to go pick up someone.

Want to try something new and different? Call Uber or Lyft for a ride (smartphone "app" not necessary).

Save the Date!

AAUW California's annual meeting will be Saturday, April 6, 2019, at the Handlery Hotel in San Diego. Along with the annual meeting, there will be leadership workshops, the Speech Trek state competition and more.